



Monday Maverick

Mon. May 6th – Fri. May 10th

Thank you families for supporting a successful PAC Move a Thon!
 Together we raised over \$5000!
 Prizes will be announced this week

THIS WEEK...

National Mental Health Week	
Mon. May 6 th	<ul style="list-style-type: none"> ○ Culture Connections Lunch – 11:45am with Kristi Bridgeman – bring a friend! ○ PAC Meeting – 7pm
Tues. May 7 th	<ul style="list-style-type: none"> ○ Community Event for New Families to Canada (see poster with email) ○ Parent Event – Family Smart (see poster with email)
Wed. May 8 th	
Thurs. May 9 th	<ul style="list-style-type: none"> ○ Grade 6/7 Exploratory Round 5 Ends ○ Beginner Band Festival ○ Grade 6 Immunization Pickups (for anyone who missed their second round)
Fri. May 10 th	<ul style="list-style-type: none"> ○ Drumming (all are welcome) – 8:10 am ○ Hot Lunch – Subway ○ Mini X

Mark Your Calendars...



May 13th – Grade 6/7 Exploratory Round 6 Begins; Rainbow Week

May 16th – Grade 8 Exploratory Round 6 Ends; Class Photos in morning, District Transition Day

May 17th – Pro D Day – No School for Students

The Fine Arts, Clubs, Athletics Calendar in the Google Drive is updated regularly
['click here for quick access'](#)

The 2023-2024 GMS Yearbook is ready to order!
 To order, visit ybpay.ca and enter the code **14299424**

Mental Health and Wellness Month

We are excited to offer a month of learning and sharing to promote understanding, wellness and to reduce stigma. Students and staff have been working to put together a packed month of presentations, speakers, activities, prizes, give-aways, student driven learning and more! We are proud to partner with Need2, Saanich Neighbourhood House and Saanich Rec.

Thank you to families who came out for our Parent Night with Lisa Baylis. Participants left with strategies to support their wellness and to promote healthy communication with their children. **Keep your eyes open for our next session – Anxiety 101. May 22!**

May Mental Health Month 		1 MHM launch PM Advisory Studio	2	3 Move A Thon 
6 Culture Connections Lunch Mini Moccasin rock painting w/ guest Kristi Bring a Friend! MH WEEK	7 Lunch Games w/Saanich Rec Lawn Games Lunch & Learn w/Need2 What is Stigma?	8	9 T Swift Sing Along w/ Saanich Rec	10 AM Drumming Anti-Stigma Club @ lunch Culture Connections @ lunch - Rock Painting
13 RAINBOW WEEK	14 Lunch Yoga & guided meditation w/Sannich Rec	15	16 Lunch Games w/Saanich Rec Wide Games	17 Pro-D Rest & Restore
20 	21 Lunch Yoga & guided meditation w/Sannich Rec	22 Parent Night Anxiety 101 w/Saanich Neighbourhood House	23 Vision Boards w/Saanich Rec	24 AM Drumming Anti-Stigma Club @ lunch Lahal @ lunch
27 Ask an Expert Student questions with Monique Moore	28 Lunch Yoga & guided meditation w/Sannich Rec	29 Lunch & Learn Unpacking Anxious Feelings w/Saanich Neighbourhood House	30 Lunch Games w/Saanich Rec Circle Games	31 AM Drumming Anti-Stigma Club @ lunch Lahal @ lunch



PARKS, RECREATION
& COMMUNITY SERVICES

WYLD LEADERSHIP PROGRAM

GRADE 8 +

*Must be completing grade
8 in June 2024 or older*

Saanich's Youth WYLD Leadership Program is now accepting applications. Have you ever wanted to be a summer camp leader, lifeguard, police officer, or first responder? This is the program for you. Apply now for this hands on mentored placement program that prepares youth for future employment and post secondary education.



**APPLY
NOW**

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saanich.ca/youth

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