

Mon. Mar. 4th - Fri. Mar. 8th

Please remember – We are a cell phone free school – this means that phones are away during the day, unless requested use by teachers. If you have an important message please call office or know your child will get their phone message at end of day.

THIS WEEK...

	Community Newsletter
Mon. Mar. 4 th	Culture Connections Lunch
	○ 7pm – PAC Meeting
Tues. Mar. 5 th	 A few students at drumming w/ Saanich Police with Kolette and Elena
	 Grade 8 Course Selection Block 1
Wed. Mar. 6 th	
Thurs. Mar. 7 th	
Fri. Mar. 8 th	 8:10am – Drumming by band room foyer (all are welcome)
	 Hot Lunch – Pizza
	 1:30pm – Retro Assembly

Mark Your Calendars...

Mar. 14th – Gr.6/7 Exploratory Round 4 Ends, Music Play-a-thon

Mar. 15th – 8:10am – Drumming, Hot Lunch – Pizza, Last Day Before Spring Break, Learning Updates Home The Fine Arts, Clubs, Athletics Calendar in the Google Drive is updated regularly

click here for quick access

Acts of Kindness Calendar

For the next 3 weeks we will be focusing on small acts, big impacts through acts of kindness. Here are ways that you can support at home:

- discuss the act daily
- encourage students to be aware of the impact of their kindness
- use the ideas, facts and information in the Science of <u>Kindness snap shot</u>
- take part in the acts too! share your acts and impacts with your family

<u>Here is an article</u> for all to read. It looks at the difference between bullying and conflict in middle school and how we help students build understanding. While some ideas are in-school specific, the messages are important for all to consider and help us navigate conversations and offer strategies to students.

We have extended our food program to include recess snacks out of the performing arts studio. If your child will benefit please remind them to come by. We have protein, fruits, veggies & yogurt.