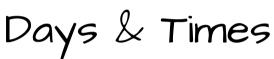


ONLINE YOUTH GROUP FOR FEMALE IDENTIFYING YOUTH AGED 11-15

What is Go Girls?

This is a **fun**, **safe**, **virtual** program that promotes active lifestyles, reducing stress, self-love/self-care, spreading kindness and improving social connection!

Groups will be sharing recipes, exploring new hobbies together, crafting, learning yoga, playing games & much, much more!



Once a week for 10 weeks

Choose either

Mondays Tuesdays, Wednesdays Thursdays 4:30pm-5:45pm (afternoon) 6:30pm-7:45pm (evening)

GAMES,

CRAFTS

&

MORE!



VIRTUAL, USING ZOOM JOIN WITH A FRIEND





 taylor.watson@bigbrothersbigsisters.ca

 OR CLICK HERE TO REGISTER ONLINE

 https://victoria.bigbrothersbigsisters.ca/gogirls/

 Groups will begin 3rd or 4th week of April

 Pig Brothers Big Sisters

Big Brothers Big Sisters OF VICTORIA AND AREA

FREE

SUPPLY

KIT

TO REGISTER, EMAIL TAYLOR @

This program is run through Big Brothers Big Sisters of Victoria and monitored by trained staff.